

The Region's First Hyperbaric Oxygen Therapy Chamber

For some patients, traditional wound healing can be enhanced using hyperbaric oxygen therapy. Ingham's hyperbaric oxygen chamber is used to treat a variety of conditions:

- Enhancement of healing in select, problem wounds
- Osteomyelitis
- Radiation tissue damage
- Skin grafts and flaps
- Diabetic foot and leg wounds
- Diabetic ulcers

If you have a sore or wound that has not improved significantly after four weeks, or has not healed entirely after eight weeks, then ask your doctor to refer you to Ingham Wound Care & Hyperbaric Center.

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Hyperbaric Oxygen Therapy Guide

Preparation guidelines for patients and physicians of Ingham Wound Care & Hyperbaric Center



For more information, contact
Ingham Wound Care & Hyperbaric Center
Phone 517.975.1500 • Fax 517.975.1514
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Lansing, MI 48910

For a physician referral, call 517.975.7575.

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Hyperbaric oxygen therapy is a simple, painless and effective treatment

During hyperbaric oxygen therapy, patients breathe 100 percent oxygen inside a pressurized chamber. The treatment quickly delivers high concentrations of oxygen to the bloodstream. This therapy assists in the wound healing process and is effective in fighting certain types of infection. The hyperbaric oxygen therapy also stimulates the growth of new blood vessels and improves circulation.

The number of treatments a patient receives depends on his or her diagnosis. Treatment profiles are administered at each visit. Patient-candidates must be screened by physicians at Ingham Wound Care & Hyperbaric Center before treatment can be scheduled.

Getting Ready For Your Therapy

For safety reasons, there are certain items not allowed inside the chamber. Please do not wear or bring any of the following into the chamber:

- Makeup
- Perfume
- Aftershave
- Hairspray/Hair oils
- Wigs/Hairpieces
- Nail polish
- Alcohol-based/Petroleum-based products
- Cell phones/Pagers
- Metallic items (jewelry, eyeglass frames, keys, watches, coins)
- Flammable materials/Heat producing items (heating pad, lighters)
- Hearing aids
- Food items

What to Expect During Therapy

When you (the patient) arrive, you will change into a 100 percent cotton garment provided by the Center. For safety reasons, no other clothing may be worn inside the hyperbaric oxygen therapy chamber.

Once you are comfortably positioned inside the chamber, the pressure will gradually be increased, and the temperature will temporarily rise. You may experience pressure in your ears as a result. The technician will instruct you in ways to relieve the discomfort.

Most treatment sessions, also called “dives,” last approximately two hours. While undergoing treatment, you may watch television, relax or even sleep.

For diabetics, blood sugar levels will be checked before and after hyperbaric oxygen therapy.

Possible Side Effects

You may experience temporary vision changes that should return to normal within a few weeks after your hyperbaric oxygen therapy is completed. We recommend that you do not change your eyewear prescription during the course of your treatment.

Some patients experience fatigue during the course of treatment. This is completely normal.

Other Important Information

Hyperbaric oxygen therapy is administered on an out-patient basis. Patients may drive themselves to the Center for treatment. Please allow two and a half hours for each hyperbaric oxygen therapy visit.

Medicare and most health care plans reimburse for hyperbaric oxygen therapy for “currently accepted indications.”

Our staff is available to assist you with all insurance issues and concerns.